

***DIRECTIONS TO  
VALLEY CENTRAL NATATORIUM  
1189 STATE ROUTE 17K  
MONTGOMERY, NY 12349  
914-457-3124***

1. *Get onto Cross Westchester Expressway headed towards the Tappan Zee Bridge.*
  2. *This road becomes I-87--toll road--NY State Thruway.*
  3. *Continue paying tolls and get off at State Route 17K--exit 17 towards Newburgh (I-84) Stewart Airport.*
  4. *Turn right at the fork in the ramp and merge onto NY-300N.*
  5. *You will see entrance to I-84W. Merge onto I-84 West.*
  6. *Get off at exit 5, which is SR -208 and turn right (North).*
  7. *In about 1.0 miles you will see junction to 17K at a traffic light. Turn left(West) onto SR-17K.*
  8. *Go about .7 miles, make a left onto the campus of Valley Central Middle and High School. Do not park in the fire zones and do not park on 17K.*
- *This trip is about 64 miles from Fairview. Please allow time for traffic, construction on bridge and roads and for getting lost.*

□ *Another way to go which is less complicated*

*From the Tappan Zee Bridge, follow 87 north (NYS Thruway) to exit 17, Newburgh. Go straight on exit ramp to Route 17K. At light at end of ramp turn right onto route 17K west. Follow route 17K for about 5+ miles into Montgomery. The Valley Central high school/middle school will be on the left. (the school will be one mile past the light at the junction of Route 208)*

□ *If you are coming from New Rochelle etc. you might want to take 684 to 84W and continue directions from #6 above. I have never done it this way.*

***HOTELS:***

<i>Courtyard by Marriott</i>	<i>1 Governor Drive</i>	<i>at intersection of 17k and I-84</i>	<i>845-567-4800</i>
<i>Days Inn</i>	<i>125 Neelytown Road</i>	<i>Montgomery</i>	<i>845-457-3163</i>
<i>Days Inn of Newburgh</i>	<i>845 Union Ave</i>	<i>Newburgh</i>	<i>845-564-7550</i>
<i>Clarion Inn of Newburgh</i>	<i>90 Route 17K</i>	<i>Newburgh</i>	<i>845-564-9020</i>
<i>Ramada Inn</i>	<i>1289 Rte.300</i>	<i>at the NYS Thruway</i>	<i>845-564-4500</i>
<i>Howard Johnson's</i>	<i>95 Route 17K</i>		<i>845-564-4000</i>
<i>Hampton Inn</i>	<i>1292 Rte. 300</i>	<i>at the NYS Thruway</i>	<i>845-567-9100</i>